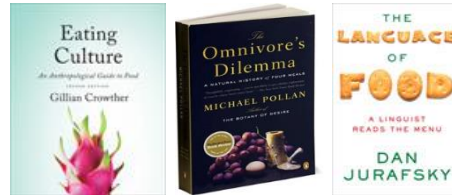


Anthropology of Food Week 5  
(Module 5)




Direct Links  
to Canvas

Available on-line in your  canvas folder at  
<<http://canvas.umn.edu/>>   
[Syllabus](#)   
[Calendar](#) 



# What's Happening this Week

## THIS WEEK'S HIGHLIGHTS

(click links for details)  
 = leave page




**LAST CALL: If you have not yet submitted a  
Final Exam Question, please do that *today* . . .**

s2021 @ <https://canvas.umn.edu/courses/209420/assignments/1523599> 

## It's Super Bowl Sunday!

**How Many Buffalo Wings Can you Eat in 12 Minutes?  
Competitive Eating is a Major League Sport . . .**

[check it out  here]

## **General Comments for the Week**

We continue our focus on Food and Culture this week by looking at food as medicine, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison that we'll continue next week. See details on the comparison with this week's "Video Explorations".

(REM: comparative methods are a fundamental feature of Anthropology).

## **Food and Religion**

(Intro.)

## **Live Chat: Open Forum / Office Hours**

[Contact Information](#)

## **Video Explorations**

**Real People . . . Real Places . . .**

[Videos for the Semester](#)

## **This Week's Slides**

[Class Slides for the Semester](#)

## **Readings for the Week**

[Readings for the Semester](#)

REM: [Textbooks](#)

## **Other Assignment Information**

[Main Due Dates](#)

[Calendar](#)

## **Week 5 (Module 5) Calendar**

## **Catch Up**



**Midterm Exam Next Week**

**Discussion**

**Anthropophagy**

**For Fun Trivia**

**“If you had to eat a human to survive,  
which body part should you pick first?”**

**“What religious food prohibitions do Buddhists have?”**

**For other optional items for the week check [“Calendar”](#) or [“Syllabus”](#)**

**Questions? Comments?**

# Competitive Eating

is a Major League Sport . . .

(Sometimes more interesting than other championship major league events,  
including the Super Bowl)

In the News:

[Competitive hotdog eaters nearing limit of human performance](#) [🔗](#)

-- [The Guardian](#) (14 July 2020)

[Should hot dog eating competition hero Joey Chestnut be included in greatest 'athlete' debate?](#) [🔗](#)

-- [USA TODAY](#) (05 July 2020)



Joey Chestnut at Nathan's 2020 Hot Dog Eating Contest

[NFL Writer Peter King Is Offended By 4th Of July Hot Dog Eating Contest, Calls It A 'Sin'](#) [🔗](#)

-- [brobible](#) (05 July 2020)

[Woman dies in Australia Day lamington-eating contest](#) [🔗](#)

-- [BBCnews](#) 27 January 2020

**How many Buffalo Wings can you eat in 12 minutes?**

**How many hot dogs in 10 minutes? . . .**



**Sonya “The Black Widow” Thomas** [↗](#)  
**ate 183 chicken wings in 12 minutes in 2011 to gain National Title**  
*The Daily Mail (06 September 2011)*

“Thomas had won 1<sup>st</sup> place in the [National Buffalo Wing Festival](#) [↗](#) US chicken wing eating championship five-years straight from 2007-2011. On September 4, 2011, she attained the United States Chicken Wing Eating Championship in Buffalo, New York by eating 183 chicken wings in 12 minutes. On September 2, 2012 [Joey \[“Jaws”\] Chestnut](#) [↗](#) consumed 191 wings (7.61 pounds) in 12 minutes to take competitive-eating trophy from the five-year champion Sonya Thomas.” — Wikipedia

*The Buffalo News (12 September 2012)*

**Sonya “The Black Widow” Thomas holds**  
**39 World Competitive Eating Records** [↗](#).

[Sonya “The Black Widow” Thomas HomePage](#) [↗](#)

[Sonya “The Black Widow” Thomas Wikipedia Page](#) [↗](#)

**My niece, Buffy Gorrilla, published a good article,  
on competitive eating in Australia, pointing out world Competitive Eating records:**

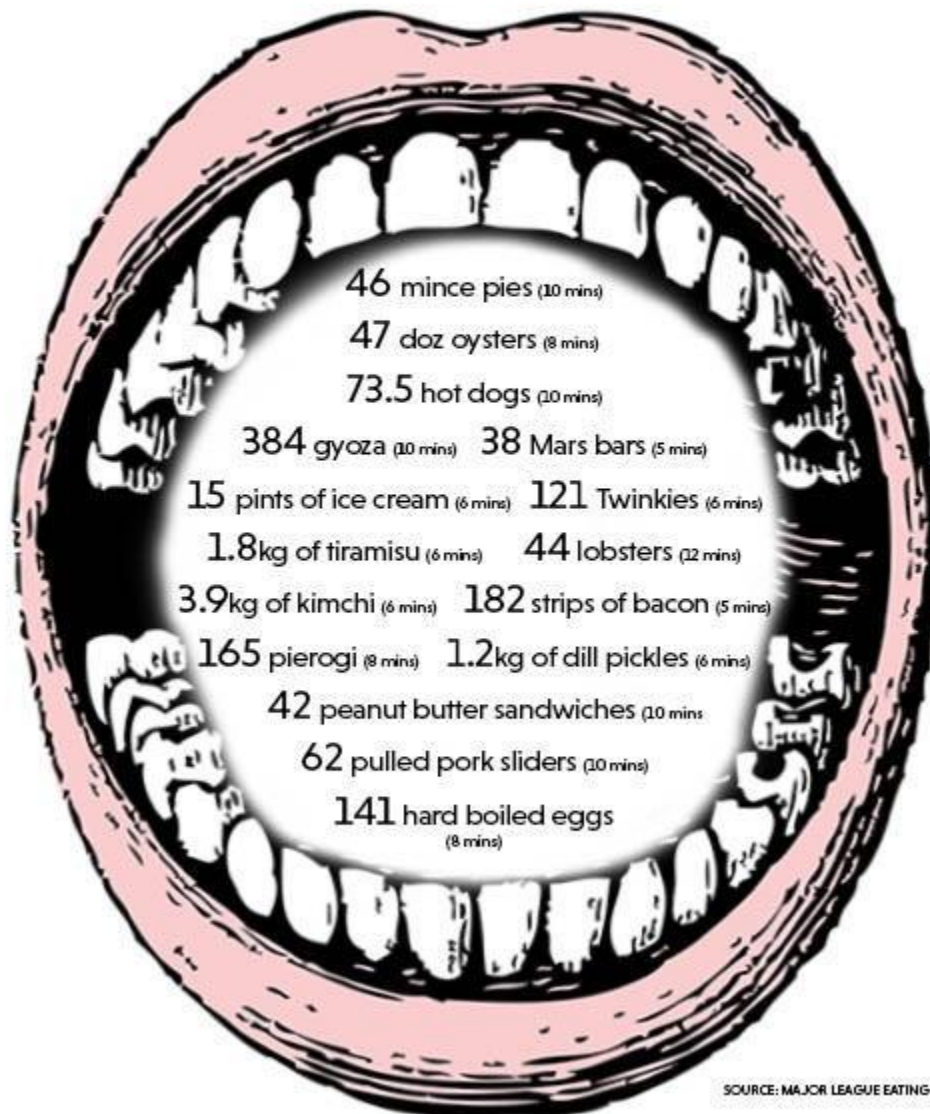
## Getting a taste for competitive eating [↗](#)

— [Buffy Gorrilla](#)

(This post originally appeared on [The Citizen](#) Thursday 18 August 2016)

World Competitive Eating Records include . . .

### EAT YOUR HEART OUT: WORLD COMPETITIVE EATING RECORDS



Source: [Gorrilla 2016](#)

The class **Competitive Eating WebPage**



is on-line at  
<<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afcompetitiveeating.html#title>>

## General Comments for the Week

We continue our focus on Food and Culture this week by looking at food as medicine, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison that we'll continue next week. See details on the comparison with this week's "Video Explorations".

(REM: **comparative methods** are a fundamental feature of Anthropology).

### Food and Religion

(Intro.)

## Live Chat: Open Forum / Office Hours

[Contact Information](#)

Tuesday, 9 February 2021 @ 7:00-8:00 p.m. (CDT)

**"ZOOM"**

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

## Video Explorations

**Real People . . . Real Places . . .**

[Videos for the Semester](#)

**This week . . .**

**Food and Religion.**

**Watch the short (29 min.) film *Taste of China, Part 2, "Food for Body and Spirit"***—the second film of a classic four-part series, *A Taste of China*—the film shows **how in traditional Chinese culture religion and food has *united* families for over a thousand years.**

“Food for Body and Spirit” visits a sacred Taoist retreat, high on Blue City Mountain in Szechuan Province, China. It is an older film, but what it has to say is still relevant today—as it has been for thousands of years.

*Taste of China, Part 2,*

**▶ ”Food for Body and Spirit”**

(29 min, 1984)

[Online Access](#)

[click ↑ here]



(use with [VPN](#) if you need to)

[course viewing guide](#)



Next week we'll have a look at another film as part of a  
**“controlled comparison”** involving . . .  
—**Chinese : Buddhism : Food**  
**in China and Malaysia**

In **“Food for Body and Spirit”** we have a look at a Chinese Taoist temple and Buddhist Slow Food and [Locavorism](#) which has a thousand year history . . . and we see **how food holds Chinese culture together. . . .**

Next week, in *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia.



**This Week's Slides**

[Class Slides for the Semester](#)



## Catch up on slides for Midterm Exam . . .

### “Orientation”

(.pptx) [🔗](#)

### “Main Characteristics of Anthropology”

(.pptx) [🔗](#)

### “Holism”

(.pptx) [🔗](#)

### "Other Important Terms"

(.pptx) [🔗](#)

### “Units of Analysis”

(.pptx) [🔗](#)

[click [↑](#) the above]

## Readings for the Week

[Readings for the Semester](#) [🔗](#)

REM: [Textbooks](#) [🔗](#)

- ***Eating Culture, Second Edition*, Gillian Crowther**
  - CHAPTER FOUR: COOKS AND KITCHENS
  
- ***Omnivore's Dilemma*, Michael Pollan**
  - (Review)
  
- ***The Language of Food*, Dan Jurafsky**
  - Ch. 2 "Entrée"
  - Ch. 3 "From Sikbāj to Fish and Chips"

## Other Assignment Information

[Main Due Dates](#) 

[Calendar](#) 

### Week 5 Calendar

(Module 5)

**REM: Links on screenshots are not “hot” (active)**

The screenshot shows a weekly calendar view from Sunday (7) to Saturday (13). The left sidebar contains navigation icons for Syllabus, Dashboard, Courses, Calendar, Inbox, History, and Help. The calendar entries include:



- SUN 7:** 12:01a Module 5 = Week 5 Syllabus; 8:01a AF What's Happening Week 5?
- MON 8:** 8:01a AF Wk 5 Readings; REM: As mentioned the first two weeks PLEASE IGNORE the small "Due" messages--like "8:01", "8:02", "8:03"; ON THE CALENDAR
- TUE 9:** 7p (optional) AF Wk 5 Live Chat -- Office Hour -- Picking a Project Topic
- WED 10:** 8:01a AF Wk 5 Video: Food for Body and Spirit (29 min.)
- THU 11:** 8:01a Catch up; 8:02a AF Wk 5 REM The Course in a Nutshell
- FRI 12:** 8:01a AF Wk 5 Review for Midterm Exam; 8:02a (optional) AF List of Readings for the Entire Semester (useful for reviewing for the exams); AF Wk 5 Discussion: Anthropophagy
- SAT 13:** EXAM

Additional text on the page: "The links to the videos are live in Canvas" and "Live Chat Tuesday 7:00 – 8:00 p.m."

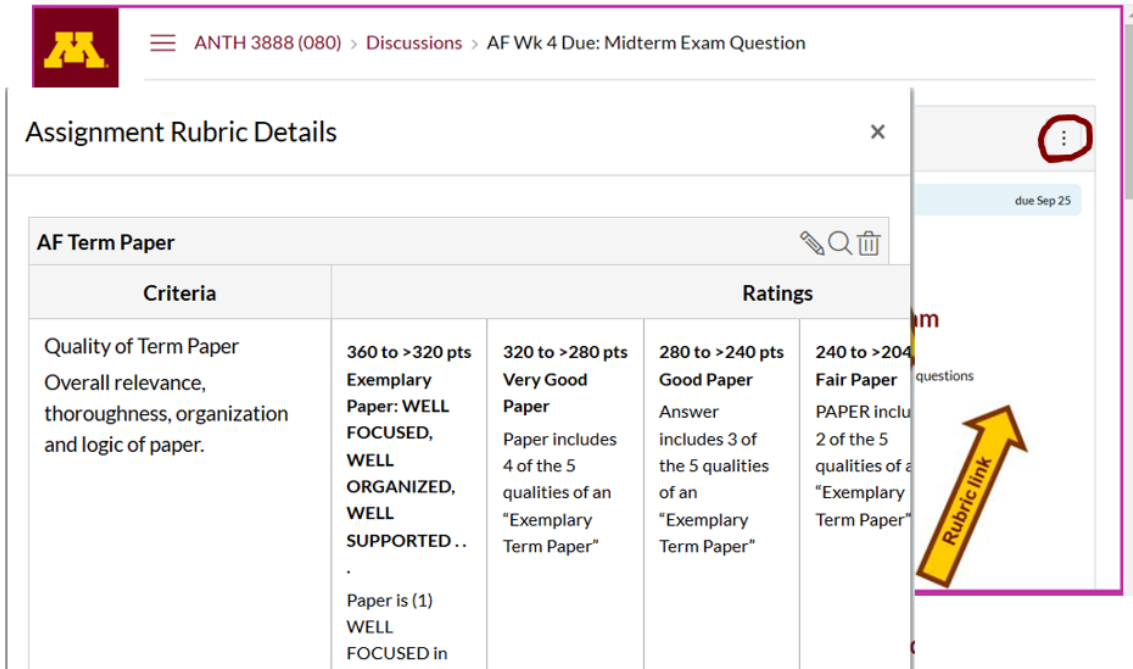
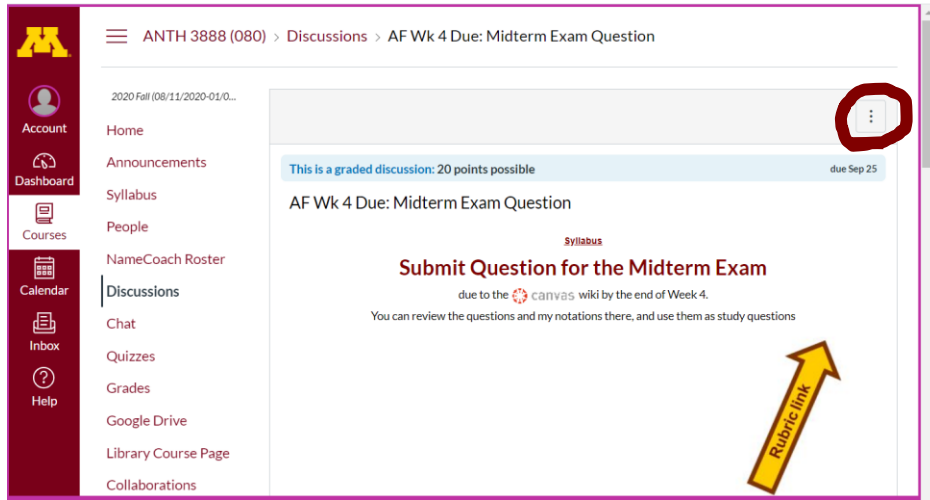
## Midterm Exam Next Week

**The midterm exam** (will be available Next Week, 15-20 February 2021). A good activity to start your review would be looking over Ch. 1, “Setting the Anthropological Table”, the slide sets (see above), and the “What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

When the Study Questions are available—and that will be shortly—use the annotated questions from the assignment of last week as your study questions. They will be at

s2021 @ <<https://canvas.umn.edu/courses/209420/assignments/1523599>>   
 [click  here]

**NOTE:** To see the details of the **Exam Question Rubric** click on the pull-down menu in the upper-right-hand corner of the Assignment . . .



As I mentioned last week and the week before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

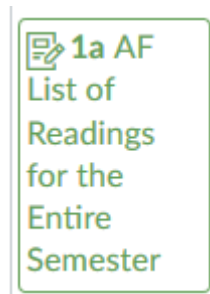
Other **Information on the Midterm Exam** is available at . . .

**[Midterm Exam General Information](#)** 

[http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams\\_midterm.html](http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html) 

[click  here]

**The List of Readings for the entire semester could also be a handy reference when reviewing the readings for the exam:**



(link) 

[click  here]

## Catch Up

**This week take a little time to catch up . . .**





**Discussion Topic**

**"Anthropophagy . . ."**

**For Fun Food Trivia for the Week . . .**

**#1**

**“If you had to eat a human to survive, which body part should you pick first?”**



Answer [🔗](#)

**#2**

**“What religious food prohibitions do  
Buddhists have?”**



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore  
Wikimedia



“Food for Body and Spirit”

[Answer](#) 

If you have any **questions or comments** right now, please do not hesitate to post them on the  canvas “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or ZOOM <https://umn.zoom.us/my/troufs>  (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<[other contact information](#)> 